

BRITSAFE LEVEL 1

AWARD IN UNDERSTANDING CONSTRUCTION DESIGN AND MANAGEMENT (CDM) REGULATIONS

101/5207/1



Introduction:

The Britsafe Level 1 Award in Understanding Construction Design and Management (CDM) Regulations is a focused qualification designed to introduce site workers, early-career supervisors, and project support staff to the core principles and legal duties outlined under the Construction (Design and Management) Regulations 2015. In an industry where poor planning and unclear roles contribute directly to workplace harm, this course delivers essential clarity on how safety must be embedded throughout the project lifecycle from concept through completion. Learners gain a working knowledge of duty holder responsibilities, the significance of the pre-construction phase, and the legal requirement for cooperation and coordination among clients, designers, and contractors. The qualification also explores the role of the Principal Designer and Principal Contractor, the importance of the construction phase plan, and the critical link between design decisions and downstream health and safety outcomes. Developed to reinforce proactive safety planning and regulatory compliance, this award equips individuals with the understanding needed to contribute meaningfully to safer project execution and accountability in line with UK construction law.

Qualification Regulation and Support:

The Britsafe Level 1 Award in Understanding Construction Design and Management (CDM) Regulations has been developed to support foundational knowledge of legal responsibilities and safety planning under CDM 2015. It is awarded by Britsafe™ Qualifications UK Limited, ensuring alignment with statutory requirements and recognized competence in construction design and management principles.

Key facts:

Qualification Number:	101/5207/1
Minimum Contact Hours:	4
Guided Learning Hours:	4
Credit Value:	1
Credential Status:	Award
Assessment Method:	Multiple-choice examination



Qualification Overview and Objective:

The Britsafe Level 1 Award in Understanding Construction Design and Management (CDM) Regulations provides participants with a thorough understanding of the regulatory framework governing health and safety in construction projects. Participants learn the principles, roles, and responsibilities outlined in CDM regulations, as well as how to assess and manage risks effectively. The qualification emphasizes compliance with legal obligations, ensuring individuals contribute to safer and more efficient construction practices.

The objective of the qualification is to:

- Understand the key principles and objectives of CDM regulations.
- Identify roles and responsibilities under the CDM framework.
- Learn to assess and manage health and safety risks in construction projects.
- Gain knowledge of documentation and communication requirements under CDM.

Entry Requirements:

To register for this qualification, learners are required to meet the following entry requirements:

- Must be aged 16 and over
- Participants should have a basic understanding of the English language to effectively engage with course materials and assessments.
- This course is open to individuals of all backgrounds and experience levels who have an interest in workplace health and safety.

Geographical Coverage:

This qualification is suitable for delivery in England, Northern Ireland, Wales and can be offered internationally.

Delivery/Assessment Ratios:

To effectively deliver this qualification, centres are recommended not to exceed the ratio of 1 Qualified Tutor to 12 Learners in any one instance. If centres wish to increase the recommended ratio, they must first inform your dedicated Britsafe™ accounts manager before doing so.

Centre Requirements:

To effectively deliver this qualification, centres should have the following resources in place:

- Classroom with suitable seating and desks; and
- High-quality teaching and learning resources.

Guidance on Delivery:

The total qualification time (TQT) for this qualification is 4-hours and of this 4-hours is recommended as guided learning (GL). TQT is an estimate of the total number of hours it would take an average learner to achieve and demonstrate the necessary level of attainment to be awarded with a qualification, both under direct supervision (forming Guided Learning Hours) and without supervision (all other time). TQT and GLH values are advisory and assigned to a qualification as guidance.



Guidance on Assessment:

This qualification is assessed through a multiple-choice question exam.

- Centre's must take all reasonable steps to avoid any part of the assessment of a learner (including any internal quality assurance and invigilation) being undertaken by any person who has a personal interest in the result of the assessment.
- Centres must follow Britsafe™ Examination and Invigilation Procedures. Completed examination papers are to be returned to Britsafe™ for marking or If in case of online examination; records shall be updated on EMS portal accordingly.

Guidance on Quality Assurance:

Britsafe™ requires centres to have in place a robust mechanism for internal quality assurance. Britsafe™ will support centres by conducting ongoing engagements to ensure and verify the effective and efficient delivery, quality assurance and invigilation of the qualification.

Tutor Requirements:

Britsafe™ recommends nominated tutors for this qualification meet the following requirements:

- A relevant health and safety qualification at Level 3 or higher,
- Membership of a professional body (e.g., IOSH, IIRSM) is desirable.
- Hold a relevant subject area qualification/or be occupationally competent.
- Hold a recognized teaching/training qualification (or suitable equivalent).
- Level 3 Award in Education and Training (AET) or Train The Trainer.





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